



NEW MEMBER LAUNCH: _____

Complete this Launch worksheet and make a copy for your sponsor. Use more paper if you have more to add.

1. What level of income are you looking to create?

- Supplemental to enhance my lifestyle
- Replace my current income
- Creating wealth/financial freedom

Monthly income goal soon/short term _____

Monthly income goal 1 year/long term _____

2. What are your wellness goals?

3. What is most important to you in **LIFE**? Why is that important to you? When you are engaged and focused on this, how does that make you feel?

4. What do you want to change/improve most in your life? Why is that important to you? How is it holding you back? What is it costing you to NOT change?

5. Why did you join? How do you believe this opportunity can help you achieve your goals?

6. How will your life be different when you achieve the goals above?

7. What holds you back from success? In the past when you've not reached a goal, what got in the way or kept you from succeeding?

8. Think about a time in your life that makes you really proud - a time when you faced a big challenge or achieved a big goal when at first, you didn't know how you were going to get through and succeed but in the end you did. How did you do it? What was your mindset? How did you feel when you succeeded?

9. Before you achieved your success above, did you face any challenges along the way? What did you say to yourself when things got tough? Why didn't you give up when it got hard?

**Success requires a time of sacrifice for a period.
Failure requires sacrifice for a lifetime...period.**

There will be times in this journey you will face challenge. The question is not if but when. The most important answer for you to discover now in the beginning of your journey is – who will you choose to be when challenge comes knocking?

I can assure you at some point you will be disheartened from hearing “No” from your contacts, disappointed with people who say “Yes” then do nothing or drop out. At some point I guarantee your sponsor or upline will let you down, the company will change something not to your benefit, and you may even feel disappointed in yourself. At times you will feel alone. And at some point you will consider letting this go and walking away.

I challenge you to bring your best self forward. Draw inspiration from your favorite movies/stories. What do the people you admire do when the going gets tough? Draw from your own hardships and successes. You are the star of “You! The Movie.” You are the author of your life's story. Each day brings a new blank page and you are the only one to choose what will be written. Look inside and see who you really are in all your greatness. And more importantly, who you want to become. Take action in that direction, reach out, ask for support, demand more of yourself, grow, move your feet.

You have a gift to share – it is more than our business and more than our products...it is you. You must be the change you wish to see in the world. You must succeed so that others can say, “If he can do it, if she can do it, so can I.” That is our gift, your gift. The example you give your children, the hope you give to others. Decide to own your greatness and step into it because who you become on the way to success...is the reward.